

## Think on Your Feet

Your boots need to be warm and waterproof. If you just own light hikers, go buy a cheap pair of snowmobile/moon boots. Support is less important than warmth here. Make sure they fit well and are durable enough for your trip.

Don't cram extra socks into your boots unless there's plenty of room for them. Tight-fitting boots will cut off circulation rather than keeping your feet warm. - See more at:

<http://www.backpacker.com/news-and-events/news/rescue-of-the-week/beginners-guide-to-winter-camping/#sthash.K5Ni7K56.dpuf>

## Boots

While it may be possible to get by with traditional hiking boots, most snow trekking is greatly enhanced by winter or mountaineering boots that are waterproof and insulating. Skiing and snowboarding, of course, require their own boots that are compatible to the bindings.



**Tip:** Warm up socks and boot insoles by keeping them in the sleeping bag next to you.

- **Socks:** Wear a thin, snug layer next to your skin and a second layer over it, both made of merino wool or a synthetic fabric. The thickness of your second sock is determined by your boot fit. An extra-thick sock will not keep your feet warm if it makes your boots too tight. Take extras. If they get wet, put them in the sleeping bag next to you to dry.

Source: <http://www.rei.com/learn/expert-advice/winter-camping.html#TheTenEssentials>

I sometimes use fleece-lined neoprene socks that I found in the Hunting section at Walmart many years ago. They are very warm and work while wet. I like to wear them at night and then put on dry wool socks with liners in the morning.