

Equipment List for a Backpacking Trip

1. Backpack (If you don't have one, the troop has several to lend you)
2. Waterproof pack cover – (Large garbage bag will do)
3. Sleeping Bag (30 degree or better) in compression bag
4. Two-man tent (make sure you have a Scout tent buddy & divide up the parts)
5. Tarp or Footprint (for under your tent)
6. Personal 1st Aid Kit
7. Sunscreen (SPF 30 or better - squeeze some into smaller container)
8. Sunglasses (I am the eternal optimist!)
9. Waterproof hat (possibly broad brim)
10. Insect repellent (small)
11. Water bottles – 2 - 2 liter minimum
12. Flashlight with extra batteries
13. Waterproof matches
14. Pocket knife
15. Windbreaker (can be your raingear)
16. Pair of pants with zip off legs – not cotton
17. 2 poly class 'B's
18. 1 Long sleeve shirt – not cotton
19. 1 change of underwear
20. Fleece
21. Hiking shoes
22. 2 extra pairs of wool socks
23. Rain Gear
24. Warm watch cap (for sleeping)
25. Fire sticks (2-4)
26. Compass
27. Waterproof camera (optional)
28. Binoculars or monocular (optional)
29. Water purifier pump (optional)
30. Trail stove (optional) (there will be plenty)
31. Plastic mess kit (bowl, cup, knife, fork, spoon)
32. Food – Saturday lunch & dinner – Sunday breakfast
33. Energy bars and / or trail mix
34. Willie roll (1/4 roll of toilet paper in zip lock bag)
35. Hygiene Kit (biodegradable soap, toothpaste & brush)
36. Backpacking towel (small & light)
37. Sleeping mat
38. Xerox the advancement pages of your handbook – leave the book home