

2015 Philmont Shakedown Hike #1, April 4, 5, and 6, 2014

Hike the Nassau-Suffolk Trail to West Hills County Park (WHCP) and back. 15 miles (statute not Rooney). The purpose is to train, practice making and striking camp several times, and satisfy a Backpacking merit badge requirement.

Friday - Start hiking from Jericho Turnpike on Friday, April 4th at 5:00 p.m. SHARP. Meet at Trail View Park next to the Stop 'n' Shop in Woodbury.

Hike south to the Long Island Expressway along the White trail. Turn north and divert to the Blue Dot trail going around the Manetto Hills County Parklands (Nassau Co.) to Round Swamp Road. Follow the blazes under the Northern State Parkway, pick up the Red Dot trail, and hike into the south end of WHCP to our campsite.

Saturday – Strike camp. Lead skills camp activities in the morning. Hike the Walt Whitman Trail loop to and from Jayne's Hill in the afternoon. Return to WHCP along "Survivorman" trail. Set up camp.

Sunday – Strike camp. Hike out of WHCP south along the Red Dot trail. Hike the reverse of Friday's hike back to the cars.

Meals will be 1 hot backpackers dinner, 2 cold lunches, and 2 cold breakfasts.

Packs should contain the numbers of items listed on the Philmont personal and crew gear checklists. Reasonable substitutions may be made for the local weather conditions, for example a second pair of long pants instead of two pairs of shorts.